

THE ROCKS CAFE

BREAKFAST

HOME BAKED CROISSANT (V) – 6

Butter, homemade strawberry jam

BANANA BREAD (V) – 10

Fresh ricotta, honey

TOAST & SPREAD (GFO, V) – 5.5

White, Artisan sourdough, soy linseed & quinoa sourdough & gluten-free with Butter & jam, marmalade, vegemite or honey

HAM & CHEESE CROISSANTS – 11

Double smoked ham, cheddar cheese

MIXED SEEDS & OATS PORRIDGE (VE) – 14

Chia seeds, sunflower seeds, rolled oats, toasted almond, caramelised dates, almond milk, maple syrup

AVOCADO ON TOAST (VEO, GFO) – 18

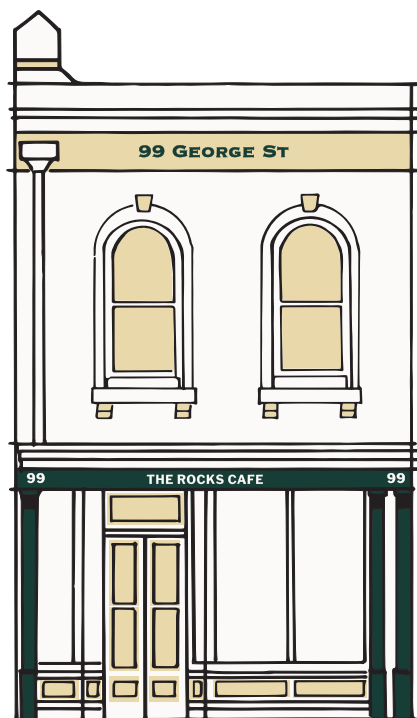
Smashed avocado, a soft poached egg, roasted tomato on soy linseed & quinoa sourdough

ROASTED MUSHROOM (GFO, V) – 20

Soft poached eggs, wilted spinach, roasted tomato, parmesan, truffle oil, sourdough

EGGS & TOAST (GFO, V) – 13

Two eggs, your choice of scrambled, fried or poached, roasted tomato, toast



THE ROCKS CAFE RICOTTA HOTCAKES (V) – 18

Mascarpone, Fresh strawberries, blueberries compote, maple syrup

CORN, CARROT & KALE FRITTERS (VO) – 20

Poached egg, bacon, roasted tomato, house relish

BREAKFAST BURGER (GFO) – 14

Grilled bacon, fried egg, cheddar cheese, rocket & house relish on a brioche bun

EGG FLORENTINE (GFO, V) – 14

Soft poached eggs, wilted spinach & hollandaise sauce on English muffin

HAM BENEDICT (GFO) – 19

Soft poached eggs, wilted spinach, double smoked ham & hollandaise sauce on English muffin

SALMON ROYAL (GFO) – 21

Soft poached eggs, wilted spinach, baby capers, Tasmanian smoked salmon & hollandaise sauce on English muffin

THE ROCKS CAFE CLASSIC OMELETTE – 18 (GFO, VO)

Double smoked ham, cheddar cheese, roasted tomato, toast

EJJEH (V) – 18

A Middle Eastern omelette with fresh herb & onion, served with labne, pine nuts & pita.

EXTRAS (EACH)

Egg, Wilted spinach, Roasted tomato, Hash brown – 3

Roasted mushroom, Smashed avocado, Bacon, Double smoked ham – 5

Pork & fennel sausage – 6

Tasmanian smoked salmon – 7

V Vegetarian | VO Vegetarian option available

VE Vegan | VEO Vegan option available

GF Gluten-free | GFO Gluten-free option available