

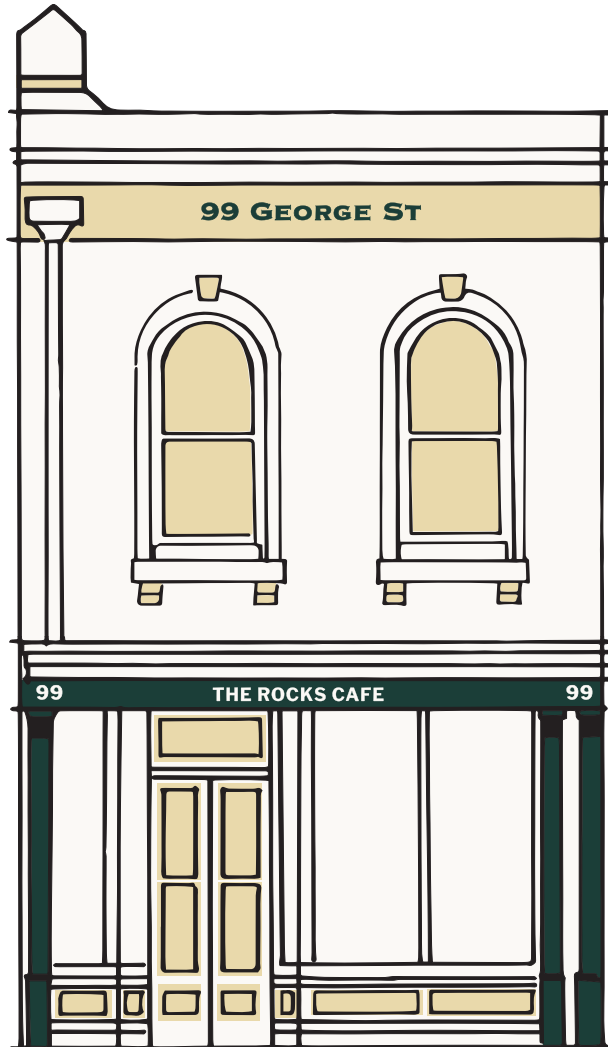
THE ROCKS CAFE

DINING MENU

10% weekend surcharge and 15% public holiday surcharge



A Icon Within The Rocks



99 George Street has been in continuous European usage since c. 1788.

It was part of the first hospital grounds, standing just south to the site, with the Assistant Surgeon's residence occupied by Francis Greenway, the convict architect who had been transported for forging a building contract in 1814.

In 1861, for an unknown reason, the buildings at 95-99 George Street were vacated and the buildings demolished. The land remained vacant until c. 1867 when the present building was constructed.

They were occupied by 1868, with a butcher in No. 95 and a grocer in No. 99, and these buildings continued to be used for those businesses for the next 20 years. 99 George Street was continually used as a grocers and run by a number of tenants until the 1970s. In the late 1970s and early 1980s the Sydney Cove Redevelopment Authority undertook restoration and reconstruction works on the terrace of shops.

Since the late 1980's, 99 George Street has been occupied by The Rocks Café, where it continues to thrive.

BREAKFAST

7:30 AM - 11:30 AM



BREAKFAST

HOME BAKED CROISSANT (V)

Served with butter & homemade strawberry jam

BANANA BREAD (V)

Toasted served with ricotta and honey

ORGANIC FRUIT BREAD (V)

Toasted served with butter

TOAST & SPREAD (GFO, V)

White, artisan sourdough, soy linseed & quinoa sourdough or gluten-free.

Served with butter & a choice of homemade strawberry jam, marmalade, vegemite, honey or peanut butter

HAM & CHEESE CROISSANT

Smoked ham, cheddar

MIXED SEEDS AND OATS PORRIDGE (VE)

Chia seeds, sunflower seeds, rolled oats, toasted almond, caramelised dates, almond milk, maple syrup

THE ROCKS CAFE RICOTTA HOTCAKES (V)

Ricotta, blueberry compote, fresh strawberries, maple syrup

GRANOLA (V, VEO)

Roasted oats, mixed nuts & seeds, vanilla infused Greek style yogurt, blueberry compote & fresh strawberries.

7

12

10

6



14

GRILLED HALLOUMI (GFO, V)

25

Soft poached eggs, harissa, rocket leaves, roasted tomato, za'atar bread

18

SALMON ROYALE (GFO)

25

Soft poached eggs, buttered baby spinach, baby capers, Tasmanian smoked salmon & hollandaise sauce on english muffin.

23

20

BACON & EGG ROLL (GF BUN \$1.50)

16

Grilled bacon, fried egg, hash brown, watercress, house relish, hollandaise sauce, milk bun

SURCHARGE: 10% APPLIES ON WEEKENDS & 15% ON PUBLIC HOLIDAYS, MANAGEMENT RESERVES THE RIGHT TO REFUSE SERVICE. All prices are inclusive of GST, NO SEPARATE BILLS Fully licensed & BYO wine only, a corkage fee of \$10 per bottle is applicable

THE ROCKS CAFE

BREAKFAST

AVOCADO ON TOAST (VEO, GFO)

Smashed avocado, soft poached eggs, feta, heirloom tomato on soy linseed & quinoa sourdough

ROASTED MUSHROOM (GFO, V)

Soft poached eggs, buttered baby spinach, grilled tomato, freshly grated grana padano, truffle oil on artisan sourdough

EGGS YOUR WAY (GFO, V)

Two eggs, your choice of scrambled, fried or poached, roasted tomato, toast

EGG FLORENTINE (GFO, V)

Soft poached eggs, buttered baby spinach & hollandaise sauce on english muffin

HAM OR BACON BENEDICT (GFO)

Soft poached eggs, buttered baby spinach, double smoked ham or bacon & hollandaise sauce on english muffin

SPANISH OMELETTE (GFO)

Bacon, chorizo, spanish onion, potato, roasted capsicum, parsley, feta cheese & toast

V Vegetarian | **VO** Vegetarian Option Available

VE Vegan | **VEO** Vegan Option Available

GF Gluten-free | **GFO** Gluten-free Option Available

24

25

14

17



22

24

EXTRAS (EACH)

Egg, Roasted Tomato 3

Hash Brown , Wilted Spinach, Za'atar Bread, Feta 4

Grilled Halloumi, Roasted Mushroom, Smashed Avocado 6

Bacon, Double Smoked Ham, Chorizo, Pork & Fennel Sausage 7

Tasmanian Smoked Salmon 8

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THE ROCKS CAFE

LUNCH

FROM MIDDAY



LUNCH

To start with...

GARLIC & HERB BREAD (V)

Garlic butter, herbs, sea salt flakes

SOUP OF THE DAY (GFO)

Served with toasted pane di casa

CALAMARI

Salt & pepper calamari, miso mayo, lemon

BURRATA (V) (GFO)

Heirloom tomato, apple balsamic glaze, olive tapenade, grilled sourdough

KING PRAWN BRUSCHETTA (GFO)

Garlic & chilli prawns, charred corn, avocado & tomato salsa, smoked chipotle dressing on grilled sourdough

GRILLED CHICKEN & PROSCIUTTO SALAD (GF)

Baby gem lettuce, radicchio, prosciutto, pears, walnuts, blue cheese, ranch dressing

PULLED LAMB SALAD (GF)

8 hour slow roasted lamb shoulder, rocket leaves, red cabbage, cherry tomato, onion, mint, radish, toasted almond, labneh, harissa dressing

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10

14

22

25



SIDES

CRISPY FRIES (V)

Aioli, tomato sauce

TRUFFLE & PARMESAN FRIES (V)

Aioli, tomato sauce

GARDEN SALAD (VE,GF)

Fresh garden leaves, tomato, olives, cucumber, onion, lemon vinaigrette

SEASONAL STEAMED VEGETABLES

Extra virgin olive oil, sea salt flakes

ROCKET & PARMESAN SALAD

Crispy rocket leaves, freshly grated grana padano, lemon vinaigrette, apple balsamic

10

12

12

12

12

THE ROCKS CAFE

LUNCH

Main

FISH & CHIPS

Beer battered Dory fillets, homemade tartar sauce, lemon

26

FISH OF THE DAY

Please check our specials board for today's catch

MP

THE ROCKS CAFÉ SPAGHETTI BOLOGNESE

Classic Angus beef mince & tomato ragout, shredded basil leaves, grana padano

27

CHICKEN PENNE

Sautéed chicken, mushroom, basil pesto, white wine cream sauce, grana padano

28

SEAFOOD LINGUINI

Queensland king prawn & assorted fresh market seafood, white wine, tomato sauce, chilli and parsley

33

CHICKEN STIR-FRY

Chicken breast pieces stir-fried with capsicum, onion, garlic shoot, baby bok choy, asian herb & seasoning, served with steamed jasmine rice

28

CHAR-GRILLED LAMB SKEWERS (GFO)

Mediterranean spiced lamb, hummus, Biwaz salad on flat bread with cumin fries, pickled chilli and lemon

38



CHICKEN SCHNITZEL

Parmesan & herb crumbed schnitzel, fries, salad and home made gravy

30

GRILLED KANGAROO FILLET (GF)

Mash potato, buttered spinach, red wine jus

45

GRILLED SIRLOIN STEAK (GF)

150 days grain fed MBS 3+ Black Angus, roasted kipfler potato, mushroom sauce

45

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THE ROCKS CAFE

LUNCH

GOURMET BURGERS | SANDWICHES

Burgers served on brioche bun with fries
Gluten free bun available \$1.50

THE ROCKS CAFÉ BEEF BURGER (GFO)

Chargrilled grass fed Angus beef, truffle aioli, pickles, cheddar & caramelised onion

27

KANGAROO BURGER (GFO)

Chargrilled Aussie Kangaroo patty, rocket leaves, onion, tomato, cheddar, aioli & homemade beetroot relish

29

CHICKEN BURGER (GFO)

Chargrilled chicken breast, lettuce, tomato, aioli, avocado & provolone cheese

25

STEAK SANDWICH (GFO)

Chargrilled beef fillet, tomato, grilled onion, rocket leaves, pickle, provolone cheese, smoked BBQ sauce and aioli

26

CLASSIC BLT (GFO)

Grilled premium bacon, lettuce, tomato, cheddar cheese & aioli

20

GRILLED HALLOUMI PITA ROLL (V)

Grilled halloumi, tomato, cucumber, olives, mint, za'atar bread

24

PULLED LAMB PITA ROLL (GFO)

8 hour slow roasted lamb shoulder, tomato, onion, parsley, tzatziki

26



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THE ROCKS CAFE

LUNCH

KIDS MEALS

FISH & CHIPS

Battered dory fillet, tartar sauce, lemon

15

SPAGHETTI BOLOGNESE

Beef and tomato ragout, shredded basil leaves, parmesan cheese

15

SPAGHETTI NAPOLITANA (V)

Classic tomato ragout, parmesan cheese

15

CHEESEBURGER & FRIES (GFO)

Angus beef patty, cheddar cheese, tomato sauce

15

GRILLED CHICKEN & FRIES (GFO)

Chargrilled chicken breast, tomato sauce

15



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THE ROCKS CAFE

DINNER



DINNER

To start with...

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Garlic butter, herbs, sea salt flakes

SOUP OF THE DAY (GFO)

Served with toasted pane di casa

CALAMARI

Salt & pepper calamari, miso mayo, lemon

BURRATA (V) (GFO)

Heirloom tomato, apple balsamic glaze, olive tapenade, grilled sourdough

KING PRAWN BRUSCHETTA (GFO)

Garlic & chilli prawns, charred corn, avocado & tomato salsa, smoked chipotle dressing on grilled sourdough

GRILLED CHICKEN & PROSCIUTTO SALAD (GF)

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Fresh garden leaves, tomato, olives, cucumber, onion, lemon vinaigrette

SEASONAL STEAMED VEGETABLES

Extra virgin olive oil, sea salt flakes

ROCKET & PARMESAN SALAD

Crispy rocket leaves, freshly grated grana padano, lemon vinaigrette, apple balsamic

10

12

12

12

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THE ROCKS CAFE

DINNER

Main

FISH & CHIPS

Beer battered Dory fillets, homemade tartar sauce, lemon

FISH OF THE DAY

Please check our specials board for today's catch

THE ROCKS CAFÉ SPAGHETTI BOLOGNESE

Classic Angus beef mince & tomato ragout, shredded basil leaves, grana padano

CHICKEN PENNE

Sautéed chicken, mushroom, basil pesto, white wine cream sauce, grana padano

POTATO & PARMESAN GNOCCHI (V)

Freshly hand rolled, sautéed mushroom, truffle cream sauce, grana padano

SEAFOOD LINGUINI

Queensland king prawn & assorted fresh market seafood, white wine, tomato sauce, chilli and parsley

CHICKEN STIR-FRY

Chicken breast pieces stir-fried with capsicum, onion, garlic shoot, baby bok choy, asian herb & seasoning, served with steamed jasmine rice

CHAR-GRILLED LAMB SKEWERS (GFO)

Mediterranean spiced lamb, hummus, Biwaz salad on flat bread with cumin fries, pickled chilli and lemon

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Parmesan & herb crumbed schnitzel, fries, salad and home made gravy

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Mash potato, buttered spinach, red wine jus

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THE ROCKS CAFÉ

DINNER

GOURMET BURGERS

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Gluten free bun available \$1.50

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Chargrilled grass fed Angus beef, truffle aioli, pickles, cheddar & caramelised onion

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25



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THE ROCKS CAFE

DINNER

KIDS MEALS

FISH & CHIPS

Battered dory fillet, tartar sauce, lemon

15

SPAGHETTI BOLOGNESE

Beef and tomato ragout, shredded basil leaves, parmesan cheese

15

SPAGHETTI NAPOLITANA (V)

Classic tomato ragout, parmesan cheese

15

CHEESEBURGER & FRIES (GFO)

Angus beef patty, cheddar cheese, tomato sauce

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Chargrilled chicken breast, tomato sauce

15



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THE ROCKS CAFE



DESSERT



DESSERT

THE ROCKS DELIGHT

Please ask our friendly wait staff for today's selection of cakes

LEMON MERINGUE TART

A smooth & citrusy lemon curd baked in a sweet short crust pastry & piped with waves of scorched soft Italian meringue

TIRAMISU

Layers of vanilla sponge brushed with freshly brewed espresso & filled with a light mascarpone cream, which is then topped with cocoa

BLACK SATIN MUD CAKE

A four layered chocolate sponge, covered with chocolate icing, then glazed with a rich chocolate ganache

COFFEE ESPRESSO CRUNCH*

Four layers of vanilla sponge, soaked in espresso coffee, layered & iced with mascarpone espresso icing & finished with crushed sugar-coated Vienna almonds (contains alcohol)

CHEESECAKE OF THE DAY

Double baked creamy cheesecake with crumbling shortbread biscuit base.

Please ask our friendly staff for today's topping

APPLE PIE

A fragrant spiced apple filling, topped & baked in a sweet short crust pastry, then dusted with icing sugar & cinnamon

15

15

15

15

16

15

15

PECAN PIE*

A rich combination of crushed pecans, walnuts and caramel sauce in a sweet pastry shell

GLUTEN-FREE CAKE

Please ask our friendly wait staff for our daily gluten-free selection

ADDITIONAL

VANILLA ICE CREAM

CHILDREN'S ICE CREAM

Two scoops of vanilla ice cream with your choice of the following toppings: chocolate, banana, strawberry, caramel



15

15

3

7

*Contains nuts (please be advised that all cakes may contain traces of nuts)

THE ROCKS CAFE

BEVERAGES



BEVERAGES

HOT BEVERAGES

RISTRETTO, ESPRESSO, MACCHIATO 4

DOPPIO, LONG BLACK, PICCOLO,
LONG MACCHIATO 4.5

CAPPUCCINO, FLAT WHITE, LATTE 5

MOCHA, HOT CHOCOLATE,
CHAI LATTE, VIENNA 5.5

BABYCCINO, GLASS OF MILK 3

*(0.50c additional charge for decaf, extra shot, oat milk, soy milk,
almond, lactose free, mugs or flavour: Caramel, Vanilla or
Hazelnut)*

TEA

English Breakfast, Earl Grey,
Peppermint, Green, Chamomile,
Lemongrass & Ginger 5



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THE ROCKS CAFE

BEVERAGES

COLD BEVERAGES

ICED LATTE, ICED LONG BLACK 7

ICED COFFEE*, ICED CHOCOLATE*,
ICED MOCHA* 9

**contains cream & ice cream*

JUICES

ORANGE, APPLE, PINEAPPLE,
CRANBERRY, PINK GRAPEFRUIT
OR TOMATO JUICE 6

MILKSHAKES

CHOCOLATE, STRAWBERRY,
CARAMEL, BANANA, VANILLA
OR COFFEE 8
THICK SHAKE EXTRA - \$1

NON ALCOHOLIC DRINKS

COCA COLA | COCA COLA NO SUGAR | 5.5
SPRITE | LIFT | FANTA | GINGER ALE |
TONIC WATER | SODA WATER |
LEMON LIME & BITTERS

LEMON | PEACH ICED TEA 6

BUNDABERG GINGER BEER 7

PASSION & PEACH SPRITZ 12

VIRGIN MARY | VIRGIN MOJITO 12

MINERAL WATER - STILL OR
SPARKLING 500ML 8

PERONI NASTRO AZZURRO
"ZERO ALCOHOL" 9

FIZZERO "ZERO ALCOHOL"
SPARKLING WINE, GERMAN GlS 9
Btl 42

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THE ROCKS CAFE

ALCOHOLIC BEVERAGES

LIQUEUR COFFEE

IRISH COFFEE

Jameson's Irish Whiskey, black coffee & whipped cream

15

MILKY WAY

Baileys Irish Cream, black coffee & whipped cream

15

AFFOGATO

Vanilla ice cream, espresso & Frangelico

15

BEER & CIDER | Bottles

CASCADE PREMIUM LIGHT, HOBART TAS

9.5

GREAT NORTHERN SUPER CRISP LAGER MID STRENGTH

10

PURE BLONDE AUS

10.5

CORONA, MEXICO | ASAHI SUPER DRY | PERONI NASTRO AZZURO

11

4 PINES PALE ALE, MANLY NSW

12

STRONGBOW ORIGINAL APPLE CIDER

10.5

REKORDERLIG PREMIUM STRAWBERRY & LIME CIDER

13.5

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THE ROCKS CAFE

ALCOHOLIC BEVERAGES

BRANDY & COGNAC | 30ML

ST REMY VSOP FRENCH BRANDY

12

HENNESSY VSOP COGNAC

15

COCKTAILS

CLASSIC COCKTAILS

20

*Most classic cocktails can be catered for. If you have a favourite-
Please ask our friendly staff!*

OLD FASHIONED

22

Whiskey, Angostura Bitters & Sugar

LEMON DROP MARTINI

22

Vodka, Limoncello, Martini Bianco, Lemon Juice & Simple Syrup

PINK LYCHEE MARTINI

22

Vodka, Lychee Liqueur, Lychee Puree, Cranberry Juice, Citrus & Simple Syrup

PASSION TEMPTATION

22

Vodka, Passion Fruit Liqueur, Passion Fruit Puree, Citrus & Simple Syrup

THE ROCKS ELDERFLOWER

22

Gin, St Germain Elderflower Liqueur & Cranberry mix

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THE ROCKS CAFE

ALCOHOLIC BEVERAGES

**ZUBROWKA VODKA | LARIOS GIN |
BACARDI RUM | CAZADORES BLANCO
TEQUILA | FRANGELICO | BAILEYS |
KAHLUA**

11

**ARCHIE ROSE SIGNATURE DRY GIN |
GREY GOOSE VODKA | BACARDI OAK
HEART SPICED**

14

**JOHNNIE WALKER RED |
JIM BEAM WHITE LABEL |
JACK DANIELS**

11

**JOHNNIE WALKER BLACK LABEL |
JAMESON IRISH |
CHIVAS REGAL**

12



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THE ROCKS CAFE

WINES LIST

SPARKLING WINES

	GLS	BTL
WILLOWGLEN BRUT SPARKLING, RIVERINA NSW	10.5	46
CANTINA TREVIGIANA PROSECCO DOC, TREVISO, ITALY	13	56

WHITE WINES

WILLOWGLEN SEMILLON SAUVIGNON BLANC, RIVERINA NSW	10.5	46
SCORPIUS SAUVIGNON BLANC, MARLBOROUGH NZ	11.5	50
CESARI 'DUE TORRI' PINOT GRIGIO VENETO, ITALY	11.5	50
TWO RIVERS STONE'S THROW SEMILLON, HUNTER VALLEY NSW	12.5	54
THREE PONDS CHARDONNAY, HUNTER VALLEY, NSW	12.5	54
WILSON WATERVALE RIESLING, CLARE VALLEY, SA	11	48

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ALCOHOLIC BEVERAGES

ROSÉ WINES

	GLS	BTL
DOWN THE LANE ROSÉ, RIVERINA NSW	10.5	46
ETÉ, GRENACHE ROSÉ, FRANCE	13	56

RED WINES

WILLOWGLEN CABERNET MERLOT, RIVERINA NSW	10.5	46
TORZI MATTHEWS MYSTIC PARK SHIRAZ, BAROSSA VALLEY	12.5	54
LOCK & KEY MERLOT, HILL TOPS NSW	11.5	50
ROB DOLAN PINOT NOIR, YARRA VALLEY, VIC	12.5	54
RESCHKE BULL TRADER CABERNET SAUV, COONAWARRA SA	13.5	58
ROSILY CABERNET SAUV, MARGARET RIVER, WA ORGANIC (VE)	--	75

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